

Mount Zion College of Engineering and Technology

Department of Civil Engineering

Online Quiz

On

Basics of Yoga

Date: 20.06.2020

Online Quiz: Basics of Yoga

Participated: 390

Department of Civil Engineering, Mount Zion College of Engineering and Technology, in association with The Institution of Engineers India [IEI] and MHRD – Institution Innovation Council has organized Mount Zion College of Engineering & Technology, Pudukkottai, celebrating the “INTERNATIONAL DAY OF YOGA 2020” as a tool to create health assurance and We are conducted online quiz competition on "Basics of Yoga". The event was organized by M.Vijayprakash AP/Civil and Head and Coordinated by SMY Mohamed Rameez Raja AP/Civil.

Summary:

We organized the online quiz on International Day of Yoga 2020 with the objective of creating awareness among students/researchers/faculty and industry persons, the quiz on Basics of Yoga had 15 questions. We received 390 responses and certificates are awarded to 178 participants who scored 60% and above in the quiz.

